

LBAC's Family Calendar & Events

Sunday, September 1

9:00AM Morning Coffee
 9:30AM Worship & Celebration
 4:00PM Health Talk

MISSIONS

<http://www.lbac.org/missions>

GROWTH GROUPS

<http://www.lbac.org/gg>

Mid-week Adult Bible Studies (on break)

CHILDREN'S MINISTRIES

<http://www.lbac.org/children>

Sunday Mornings

Gospel Project @ 9:30AM

AWANA

<http://www.lbac.org/awana>

Wednesday Nights September through May

YOUTH MINISTRIES

<http://www.lbac.org/youth>

The Deep~ Tuesdays @ 7:00PM

Summer Youth Group - Thursdays @ 6:30PM

WOMEN'S MINISTRIES

<http://www.lbac.org/women>

Woman To Woman Mentoring

Contact: sherylynnlbac@gmail.com

Lydia House Meals Ministry

Contact: mcoliver789@msn.com

Women Connecting with Missions

3rd Tuesday of each month @ 7:00PM

Crafty Women

2nd Saturday of each month @ 10:00AM

MEN'S MINISTRIES

<http://www.lbac.org/men>

Monday, September 2

6:00PM Compulsive Eaters Anonymous
 7:00PM Pure Desire
 7:00PM Survivors of Incest Anonymous

Tuesday, September 3

9:00AM All Staff Team Meeting

Friday, September 6

6:30AM Men's Bible Study on Campus
 8:00PM Narcotics Anonymous

Saturday, September 7

9:00AM Compulsive Eaters Anonymous

Sunday, September 8

9:00AM Morning Coffee
 9:30AM Worship & Celebration
 11:15AM Foundations Class: Session 1, Week 1
 Contact: mensministry@lbac.org

long beach alliance church offices

3331 palo verde avenue • long beach, ca • 90808-4113

phone: 562.420.1478 • office@lbac.org • www.lbac.org

church office hours: tuesday-thursday, 10:00AM-5:00PM

www.facebook.com/longbeachalliancechurch

church staff team

meghan brearley, children's director
 562.708.9261 • megan@lbac.org

jesse duckett, youth pastor
 562.454.7122 • jesse@lbac.org

tina rand, receptionist & treasurer
 562.420.1478 • tina@lbac.org

scott trickett, associate pastor
 562.972.5306 • scott@lbac.org

michelle crammer, office manager
 917.288.3424 • michelle@lbac.org

chris lankford, lead pastor
 562.685.4132 • chris@lbac.org

kyle rand, facility needs
 562.900.0921 • kyle@lbac.org

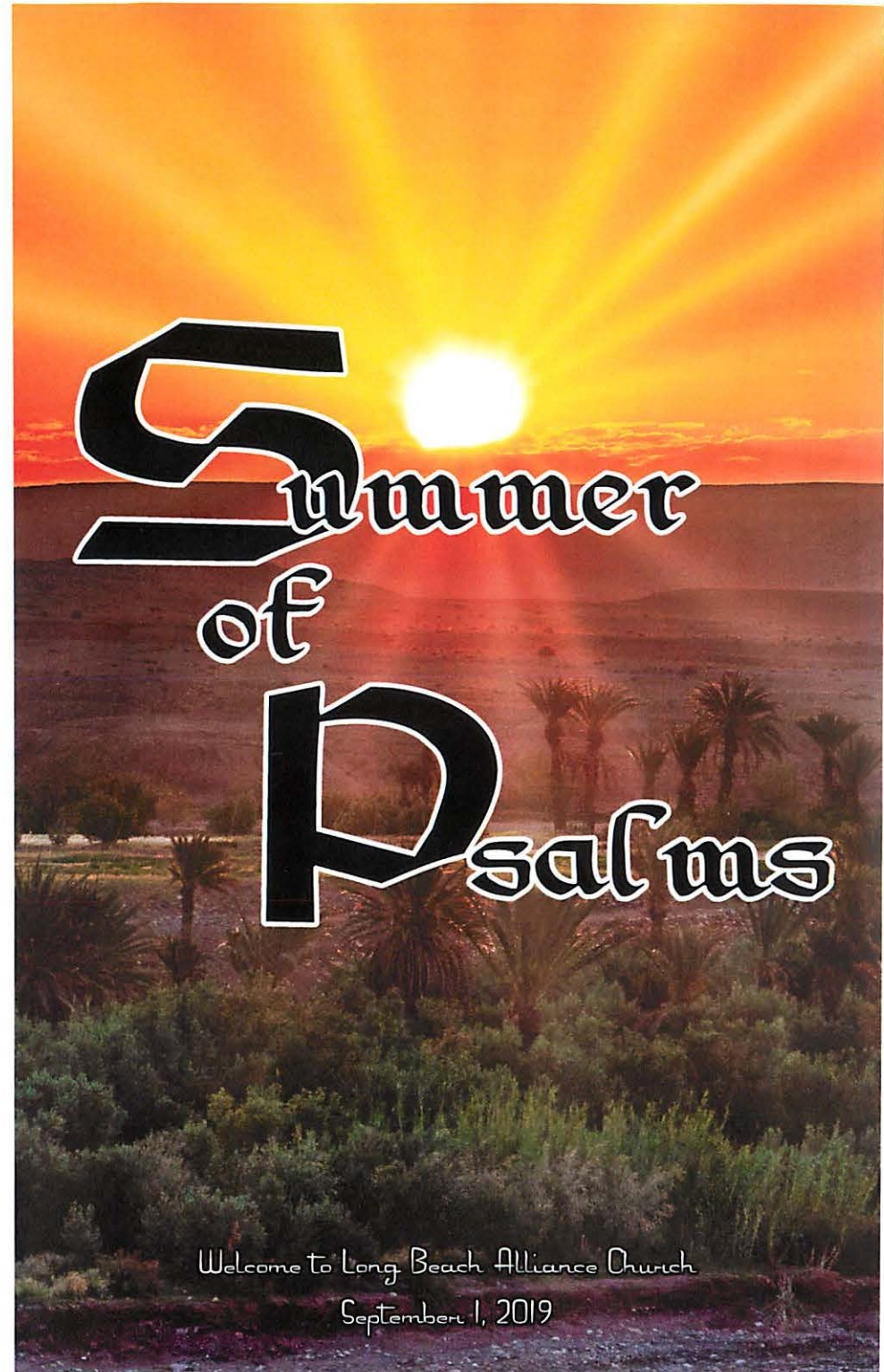
ben shaw, worship & celebration intern
 562.420.1478 • ben@lbac.org



THE ALLIANCE

Weekly Schedule

Regular Ministry Schedule & Contacts



Welcome to Long Beach Alliance Church
 September 1, 2019



GROWTH GROUPS

BEGIN SEPTEMBER 8!



Sign up with Luke Schaub at the Courtyard table today
or contact him via email: schaubl@gmail.com



REGISTRATION

is now open!
Register today at:

Questions? Contact the office 562.420.1478 lbac.org/awana-registration



Preschool Teachers Needed

If you are friendly, caring,
patient and love little ones,
considering teaching.
Contact Meghan Brearley at
meghan@lbac.org

Men's Breakfast



(FREE! All Men Invited!)
Saturday, September 14
8:00AM
LBAC Gymnasium

Get Questions? Call Greg Coles @ 310.293.9518

Please join us...

Crafty Women

Saturday, September 14
10AM-4PM - Room 102

Questions? Contact Donna Neel
Text: 562.335.9088

FOUNDATIONS CLASSES

CLASSES BEGIN SUNDAY, SEPTEMBER 8

1 Early Church History

The history of the Christian Church from the Fall of Jerusalem
in AD 70 to the eve of the Protestant Reformation in AD 1500

Elder Luke Schaub, Room 102

**Please Note: "Early Church History" runs September 15-October 20*

2 Christians, Muslims & Jesus

Understanding Muslims and building
better bridges for Muslims to understand Jesus

Kelly Douglas & Diana Burg, Room 203

3 Worrying Praying Moms

Moms do you worry about your kids? Or worry you could/should be
a better mom? Join in committing to replace worry with the spiritual
discipline (gift) of prayer.

Melinda Lankford Room 106

4 Youth (*Only) Class: In Christ

What does it mean to have an identity "In Christ?" In Romans 8, we will
discover 6 examples of what having an "in Christ" identity means!

Pastor Jesse Duckett, Room 202

4 Children's Fun-n-Funky

Nursery & Kids Activities for all Kids

Parents: Check-In Kids @ Nursery & Gymnasium!

LBAC Year-to-Date Financial Report

	Budget	Received	Budget %
Weekly:	\$11,977.03	\$19,264.00	160.8%
Month-to-Date:	\$47,908.12	\$55,423.38	115.7%
Year-to-Date:	\$622,805.56	\$653,704.20	105.0%
Disbursed YTD:	\$640,331.00	GOF Balance: \$13,373.20	

Summer of Psalms (S.O.P.'s)

Long Beach Alliance Church • September 1, 2019 • Pastor Chris Lankford

1) Psalm 13 - Emotions On Display

- A. Close to 75% of the Psalms are 'laments,' emotionally intense songs to God about the most wicked and difficult circumstances of life. Laments represent one of the most common types/genres of biblical poetry and/or song (note 2 Samuel 1:17-18).
- B. The 'laments' express many uncomfortable and unwanted emotions including frustration (Psalm 88:15), anger (13:1-2), confusion (10:1), rage (139:8-9), betrayal (38:5-11); depression (22:1-2, 6-8), loneliness (71:9-11), revenge & retribution (35:6-8), grief from loss (2 Samuel 1:23-27), and especially shock & sadness (Lamentations 2:1-5).
- C. Lament Psalms inform and guide us through a 'process' with God of complaint, prayer, and eventual praise (e.g. Psalm 13).

2) Psalm 32 - Confession & Forgiveness

- A. There are numerous Psalms of Confession ('Penitential Psalms'- Psalm 6, 32, 38, 51, 102, 130, and 143). These types of Psalms provide us with instruction/teaching about:
 - 1) Some indicators of our emotional responses to sin (e.g. Psalm 6:6-7, 32:3-4, 102:3-11). If we see these in our lives, we should be reminded of our need to confess (and not hide) our sin.
 - 2) A "how to guide" for effectively confessing sin, first to God for forgiveness (Psalm 32:5, 38:18, 51:4) to restore relationship with Him (cf. 1 John 1:9-10, 2:1-2). And secondly, confession to one another for submission and healing in an authentic and transparent church family (cf. James 5:16-20). Both are necessary in our lives, but remember -----> first before second!
 - 3) Restoring the focus of our lives (and those near us) back to God and away from ourselves and our sins (Psalm 32:7, 130:7, 143:11-12). The essence of sin turns allegiance to created things instead of the Creator (Romans 1:21-25) and is only restored by a faith-filled Gospel life (Romans 1:16-17, 12:1-2).