

# Body Building



*Welcome to Long Beach Alliance Church*  
*November 19, 2023*



**Save The Date!** **All Church Adult Christmas Party!**  
**Sunday, December 3 @ 6:00PM**  
**White Elephant Gift Exchange**  
**A-M = Appetizer • N-Z = Dessert**

*Grammer & Steele's  
 HomeIn Cypress!  
 8131 Gay Street*



**Shoeboxes  
 due TODAY!**

**You can turn them in tomorrow to  
 the following locations:**

**Bethany Lutheran (by 10AM)**  
 4644 Clark Ave Long Beach  
**Fullerton Processing Center (by 9PM)**  
 4200 Bonita Place Fullerton

*Before Service*

# **Prayer Time**

*On hiatus for the holidays  
 but will return in 2024*



**American  
 Red Cross**

**GIVE SOMETHING THAT**

*Means Something*

**LBAC Red Cross Blood Drive**

**Sunday, December 3 • 8AM-2PM**

[redcrossblood.org](http://redcrossblood.org) • Sponsor Code: LBAAlliance

## **LBAC Year-to-Date Financial Report**

	<u>Budget</u>	<u>Received</u>	<u>Budget %</u>
<b>Weekly:</b>	\$14,699.63	\$22,855.67	155.5%
<b>Month-to-Date:</b>	\$29,399.26	\$32,122.67	109.3%
<b>Year-to-Date:</b>	\$161,695.93	\$130,806.47	80.9%
<b>Disbursed YTD:</b>	\$138,583.00	<b>GF Balance:</b>	\$23,218.12

*Financial Gifts can be placed in the locked box in the Sanctuary lobby or given to any Usher*

# GOOD, BETTER, BEST

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Long Beach Alliance Church • November 19, 2023 • Elder John Carriveau

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## 1 CORINTHIANS 13:8-13

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1. **The Context of 1 Corinthians 13:8-13.**
2. **Spiritual gifts are good, but love is “more excellent.” 1 Cor. 12:31; 13:13**
3. **Spiritual gifts are temporary and partial. 1 Cor. 13:8-9**
  - a. Love is eternal – never beginning, never-ending Ps 103:17
4. **How else is love superior?**
  - a. God is Love - An aspect of His being. 1 Jn. 4:8
    - i. Is a distinguishing characteristic of true Christians.  
1 Jn 4:8
  - b. God’s love before time was part of our predestination.  
Eph. 1:4-5
5. **When will the gifts no longer be needed? 1 Cor. 13: 10**
  - a. “...when the perfect comes,”
6. **What should we be doing in the meantime? Matt. 28:19**
  - a. Can this be accomplished without spiritual gifts?
7. **If spiritual gifts are good, and love is “more excellent,” “best” would be using our gifts in love. Phil 2:3-4; 1 Cor 12:7; 14:12**
8. **Is there a temptation to avoid/deny spiritual gifts? 1 Thess 5:19-20**
  - a. Why? 1 Cor 2:14





Happy  
Thanksgiving  
Church Family



The Church Office  
will be closed

November 22-24

*If urgent, please contact the  
staff on their cell phones.*

Salvation Army

# Angel Tree

*Help the Salvation Army show God's love  
to the community*

To participate take a tag off the tree  
in the church lobby.

Buy one or more gifts for the child,  
based on the wants/needs on the tag.

Return the unwrapped gifts, bundled  
together in a bag or box with  
the tag attached, by Sunday 12/3.

Questions??? Contact the church office

# LBAC's Family Calendar & Events

Weekly Schedule

## Sunday, November 19

- 9:30AM Gospel Project: Children's Ministry
- 9:30AM Worship & Celebration Service
- 11:15AM Christmas Musical Practice
- 11:15AM Living Life Backwards Conversation

## Monday, November 20

- 7:00PM Pure Desire Ministry Meeting
- 7:00PM Survivors of Incest Anonymous Mtg


## Tuesday, November 21

- 7:00PM Betrayal & Beyond Mtg @ Eberharts
- 7:00PM Men's Bible Study @ the Millers

## Wednesday, November 22

- LBAC Offices Closed
- 6:30PM Betrayal & Beyond @ Eberharts/Zoom

## Thursday, November 23

- LBAC Offices Closed
-  Happy Thanksgiving

## Friday, November 24

- 8:00AM Men's In-Person/Zoom Bible Study
- 8:00PM NA In-Person Meeting

## Saturday, November 25

- 7:00PM Youth Nerf War Night

## Sunday, November 26

- 9:30AM Gospel Project: Children's Ministry
- 9:30AM Worship & Celebration Service
- 11:15AM Christmas Musical Practice
- 11:15AM Living Life Backwards Conversation

## MISSIONS

*Information Coming Soon!*

## LIFE GROUPS

Contact: [office@lbac.org](mailto:office@lbac.org)  
Mid-week Adult Bible Studies

## CHILDREN'S MINISTRIES

[Link to LBAC Children's Ministries!](#)

Sunday Mornings:  
Gospel Project @ 9:30AM

## AWANA

[Link to LBAC AWANA](#)  
Wednesday Nights September-May

## YOUTH MINISTRIES

[Link to LBAC Youth Ministries!](#)  
[Link to LBAC Youth Instagram Page](#)  
Every Tuesday & Thursday Night @ 7:00PM

## WOMEN'S MINISTRIES

[Link to LBAC Women's Ministry!](#)  
Women's Ministry Event Information  
Contact: [office@lbac.org](mailto:office@lbac.org)

Lydia House Meals Ministry  
3<sup>rd</sup> Thursday each month

Women Connecting with Missions  
Contact Kathie Metz: [kathiemetz@msn.com](mailto:kathiemetz@msn.com)

Crafty Women  
3<sup>rd</sup> Saturday each month @ 10:00AM

## MEN'S MINISTRIES

[Link to LBAC Men's Ministry!](#)  
Contact: [mensministry@lbac.org](mailto:mensministry@lbac.org)

## long beach alliance church offices

3331 palo verde avenue • long beach, ca • 90808-4113  
phone: 562.420.1478 email: [office@lbac.org](mailto:office@lbac.org) website: [www.lbac.org](http://www.lbac.org)  
church office hours: Tuesdays-Thursdays 10:00AM-5:00PM  
For prayer requests: [prayer@lbac.org](mailto:prayer@lbac.org)

## church staff team

meghan brearley, children's director  
562.708.9261 • [meghan@lbac.org](mailto:meghan@lbac.org)

justin enayat, worship producer  
562.754.7165 • [justin@lbac.org](mailto:justin@lbac.org)

chris lankford, lead pastor  
562.685.4152 • [chris@lbac.org](mailto:chris@lbac.org)

tina rand, receptionist & treasurer  
562.900.8385 • [tina@lbac.org](mailto:tina@lbac.org)

michelle crammer, office manager  
917.288.3424 • [michelle@lbac.org](mailto:michelle@lbac.org)

jeremiah holden, worship tech intern  
760.224.4178 • [jeremiah@lbac.org](mailto:jeremiah@lbac.org)

dave manuel youth director  
657.342.0076 • [david@lbac.org](mailto:david@lbac.org)

scott trickett, associate pastor  
562.972.5306 • [scott@lbac.org](mailto:scott@lbac.org)



THE  
ALLIANCE

Regular Ministry Schedule & Contacts





LONG BEACH ALLIANCE PARTNERS

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# ON MISSION TOGETHER

## HANDBOOK



**A THIRD TIME, JESUS ASKED HIM,  
“SIMON, SON OF JOHN, DO YOU LOVE  
ME?” ...**

**“THEN FEED MY SHEEP.” JOHN 21:17**

This ministry to the marginalized was forged in a difficult circumstance. When Suzanne and Kelly's daughter Aimee was hit and killed by a car on a freeway onramp, she was homeless and struggling emotionally. Suzanne says,

“Two months prior to Aimee's passing, God told me to ‘feed his sheep’. Twelve days before, the Lord told me to “minister to the poor, sick and the lost.” I felt led to provide a Thanksgiving dinner the night before Thanksgiving so my daughter's Suzanne, Lauren and I set up tables with food, clothing and supplies at Big Rec Park in Long Beach. The next morning, Thanksgiving Day, we learned that Aimee had been hit by a car and died. As I look back upon the situation, I can see how God had ordered my steps. God knew that I would need to be grounded and have a purpose prior to Aimee's passing. He knew that it would give me strength to deal with the pain of this tragedy. He also chose Thanksgiving Day so that when I thought of Aimee's passing, I would remember to be grateful and thankful in ALL things.”

Suzanne's response after much grieving and tears was to start a ministry to meet some of the physical and emotional needs of people living in various homeless conditions.



# AIMEE'S PANTRY



## KELLY & SUZANNE HARVEY

Suzanne and Kelly create kits with items to meet needs and deliver them with care that lets people know they are seen and loved by their creator. Suzanne visits various encampments often and is now well known and received. Suzanne has built relationships with people as she delivers supplies and is often able to pray with them and provide spiritual care as well.



### ONGOING NEEDS

- travel size hygiene items
- Disposable wipes
- Men's XL & Large Men's Jeans sizes 32-36
- Sweatshirts & T-shirts (especially L & XL)
- New socks and underwear (Men's)
- Beanies, coats for cold weather and ponchos

### CONTACT

suzanneharvey627@gmail.com  
562-253-2190

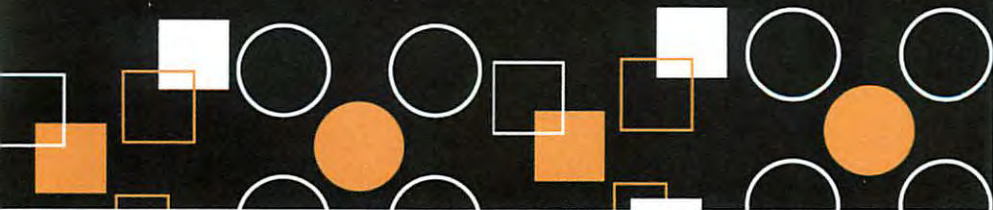
You can give financially to this ministry through Long Beach Alliance Church designating your gift to Aimee's Pantry.

### PRAY FOR

- Suzanne's safety
- That those she interacts with would feel the love of Jesus in each gift and encounter.

### VOLUNTEER

- Help sort donated items and put together various kits
- If you are feeling called to help deliver these items, Suzanne would be glad to help you step into this unique ministry.





SINCE WE ARE SURROUNDED BY SUCH  
A GREAT CLOUD OF WITNESSES, LET US  
THROW OFF EVERYTHING THAT THAT  
HINDERS, AND THE SIN THAT SO  
EASILY ENTANGLES.

**AND LET US RUN WITH  
PERSEVERANCE THE RACE MARKED  
OUT FOR US,**

FIXING OUR EYES ON JESUS, THE  
PIONEER AND PERFECTOR OF FAITH.  
HEBREWS 12:1-2



# UP AND RUNNING AGAIN



## STEVE TIERNEY

Up and Running Again helps provide a pathway to lifelong success by training homeless individuals living in rescue missions to complete half marathons. Hard work, discipline, and teamwork in a Gospel-driven context gets them to the finish line of the race, but also to the starting line of a new life filled with confidence, dignity, and hope. Every year, 100+ runners complete half-marathons, and gain the confidence needed to overcome addictions, reconcile relationships, and walk into life forever changed!

You can read testimonials of lives changed on their website.



## CONTACT

[upandrunningagain.org](http://upandrunningagain.org)

## PRAY FOR

- Please pray for the strength and endurance of the trainees. Their previous difficulties can be the biggest barrier to moving forward.

## VOLUNTEER

- If you like to run, you can get involved by being a coach or just running alongside those who are training. Days and hours are flexible. You can sign up on the website.

You can give financially to this ministry directly to:  
UP & RUNNING AGAIN, PO BOX 2864, Orange, CA  
or on their website, [upandrunningagain.org](http://upandrunningagain.org)







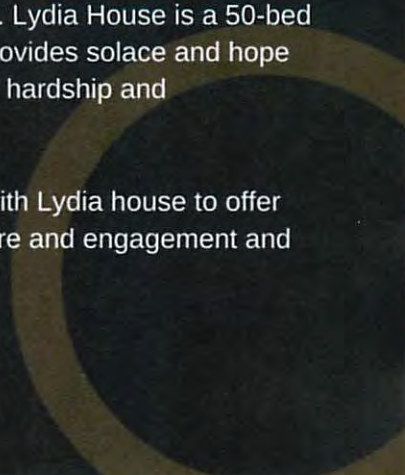
**LET US NOT BECOME WEARY IN DOING  
GOOD, FOR AT THE PROPER TIME WE  
WILL REAP A HARVEST IF WE DO NOT  
GIVE UP.**

**THEREFORE, AS WE HAVE AN  
OPPORUNITY, LET US DO GOOD TO  
ALL PEOPLE,**

**ESPECIALLY TO THOSE WHO BELONG TO  
TEH FAMILY OF BELIEVERS.  
GALATIANS 6:9-10**

According to LongBeach.gov, It's a little-known fact that between 40-45% of homeless people in our community are women and children. This is precisely why Lydia House is such an important part of the Long Beach Rescue Mission. Lydia House is a 50-bed complex for woman and children that provides solace and hope in the face of abuse, addiction, financial hardship and abandonment.

Long Beach Alliance Church partners with Lydia house to offer critical services such as meals, child-care and engagement and Bible studies.



# LYDIA HOUSE



## MAYA OLIVER

### ONGOING NEEDS

- Hair conditioner (not shampoo)
- Large toothpaste
- Children's toothpaste
- Women's razors
- Children's underwear (all ages, boy/girl)
- Baby supplies (diapers, wipies)
- Children's bath wash
- Assorted gift cards (Wal-Mart, Target, etc)
- Twin sheets (fitted sheets)
- Hand towels
- Ibuprofen

These items can be donated by placing them in the basket in the office lobby (please no clothing donations at this time)

For more info or to offer support, please contact Maya Oliver.



### CONTACT

[mcoliver789@msn.com](mailto:mcoliver789@msn.com)

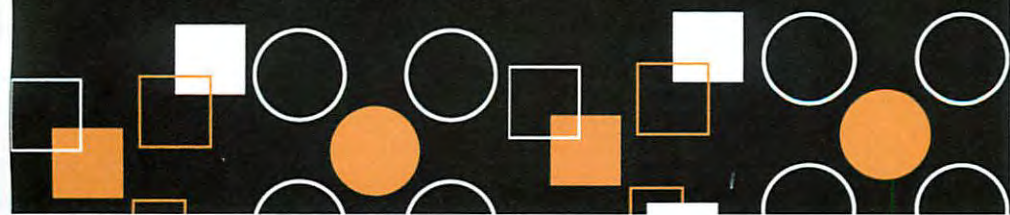
562-981-4305

### PRAY FOR

- Prayer is always the most powerful resource we can offer. Being diligent to seek the Lord for the emotional, physical, and spiritual needs of these women and their children is VITAL.

### VOLUNTEER

- We need volunteers to support our ministry to Lydia House on the **third Thursday of each month**. From your own home you could, prepare the meal, part of the meal, or the dessert. Meals plans should feed 30-40 people. Ideas for meals include chili, tacos, or casseroles. If you can drive, you could pick up the food and deliver it to Lydia House. If you are available from 5-6:30, you could support the Bible Study/ devotional or child care at 5- 5:45. At 6:00PM we plate the food and serve the women and children.





**JESUS SAID:**

**LET THE LITTLE CHILDREN  
COME TO ME.**

**AND DO NOT HINDER THEM, FOR THE  
KINGDOM OF HEAVEN BELONGS TO  
SUCH AS THESE. MATTHEW 19:14**



You may give financially to this ministry through Long Beach Alliance Church designating your gift to EWCM.

# ETERNAL WORD



## VINCENT & CHINYERE NWANKPA

Eternal Word began as a dream to provide a Christian education to the neglected poor of Nigeria. Vincent had returned to Nigeria to do research for his education and found poor children weren't being educated. Teachers wouldn't go to school, or would sign in and leave. In addition, Nigeria was changing from a country inclusive of Christianity to one dominated by Islam. Vincent and Chinyere were broken to see what was happening to their country and people. The Lord led them to do the one thing they could, open a school that would provide low-cost education founded on the Word of God.

Beginning in 1995 with 6 children, today EWCM provides 800 children with a K-12 education founded on Jesus Christ so that they may become bearers of Good News to the nation.

### PRAY FOR

- Nigeria: This country used to be majority Christians, but today the government is majority Muslim and Christians are being marginalized
- Chinyere & Vincent: For health and strength, wisdom and encouragement
- Teachers: Provision, strong heart for the Gospel and love for the children
- Students: To grow in the grace of Jesus Christ



### CONTACT

eternalword@att.net  
chinyerenwankpa1@gmail.com  
562-331-4732 or 562-331-5337

### CURRENT NEEDS

- Provision to pay the teachers and provide food and shelter for the children.
- \$7,000 to pay fees for shipped containers of supplies to clear customs

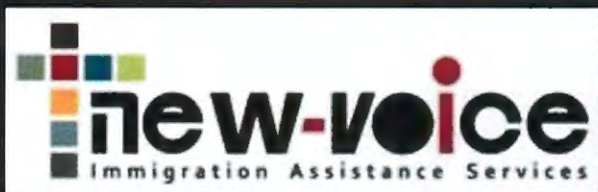




**THEN PETER BEGAN TO SPEAK TO  
THEM:**

**"I TRULY UNDERSTAND THAT GOD  
SHOWS NO PARTIALITY, BUT IN EVERY  
NATION ANYONE WHO FEARS HIM AND  
DOES WHAT IS RIGHT IS ACCEPTABLE  
TO HIM."**

**ACTS 10:34**



New Voice Immigration Assistance Services is a legal office accredited with the Department of Justice. Created in response to the immigration needs identified initially in the community around Lyngate Neighborhood Church, this ministry now has a global reach including Europe, South America and Africa. We offer low-cost immigration legal services to more than 300 clients each year helping them navigate the complex nature of immigration law.

# NEW VOICE



**DAWN TRICKETT & ELDAAH ARANGO**

## **CURRENTLY WE ASSIST WITH**

- Citizenship/Naturalization Certification
- Family Petitions
- Fee Waivers for low-income needs
- Tourist Visas
- Freedom of Information Acts
- Domestic Abuse (VAWA)
- Green Card applications and renewals
- Deferred Action for Childhood Arrivals
- Removal of Conditions of Residence
- Victims of Crime U-visas
- Foreign Document translation
- Accompaniment Service to USCIS interviews



## **CONTACT**

10701 Sampson Ave.  
Lynwood, CA 90262  
[new-voice.org](http://new-voice.org) 562-398-3101

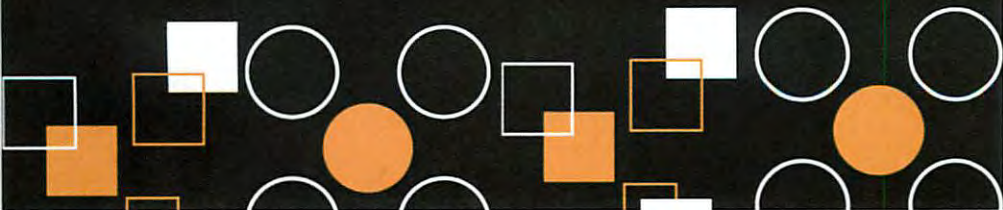
You can give financially to this ministry through LBAC by designating your gift to New-Voice.

## **PRAY FOR**

- Our clients; many have experienced significant trauma and live in fear.
- Our attention to detail and timeliness of processing.
- God's provision for our continued resource needs.

## **VOLUNTEER**

- Help with filing, copying, answering phones, checking document status with the USCIS.
- If you are bilingual, you could translate documents.
- If you are interested in immigration law, we would be happy to train you in one or more areas to assist with the paperwork. Volunteers can be useful once a week or even once a month! Whatever hours you have available will be a blessing.





HE MADE FROM ONE MAN EVERY NATION OF  
MANKIND TO LIVE ON THE FACE OF THE  
EARTH,

**HAVING DETERMINED ALLOTTED PERIODS AND  
THE BOUNDARIES OF THEIR DWELLING PLACE,  
THAT THEY SHOULD SEEK GOD, AND PERHAPS  
FEEL THEIR WAYS TOWARD HIM AND FIND HIM.**

YET HE IS NOT ACTUALLY FAR FROM EACH  
ONE OF US. ACTS 17:26-27



What does a truly missional endeavor look like among Muslims living near our church community? This is the question Third Way Community seeks to answer. We are living in a unique time where most of the remaining unreached people groups are Muslims, and Muslims are choosing to follow Jesus today, more than at any time in the fourteen hundred years of Islam. We recognize that this is happening because millions of Christians have prayed for Muslims for many centuries. We look forward to the day when all the world turns to Jesus.

# THIRD WAY



## KELLY DOUGLAS & DIANA BURG

Currently, Third Way has the opportunity to meet in a mosque to study the Bible and Quran, sharing the gospel and praying with Muslims each week in the name of Jesus.

There is so much to share about this work and ministry. Please contact Diana or Kelly to get together and learn more. Get involved by praying, giving, learning, and joining them.



### ONGOING NEEDS

- Need people to partner with them through monthly donations.
- Currently, they receive 65% of what is needed to fund their efforts.

### CONTACT

[thirdwaycommunity@gmail.com](mailto:thirdwaycommunity@gmail.com)  
714-350-4658

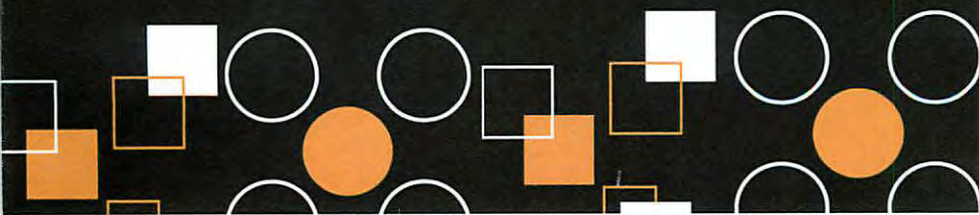
### PRAY FOR

- Our friends who are really wrestling with Jesus' ability to pay for their sins. They seem to understand that this is central.
- Please pray that Jesus visits our Muslim friends in their dreams.
- Please pray also for us to give more of ourselves to Jesus and be encouraged by his love for us.

### VOLUNTEER

- Join us at one of our upcoming events. We want followers of Jesus to get to know Muslims by being willing to listen well, try new foods, and experience God's love for Muslims.

You can give financially to this ministry through LBAC by designating your giving to Third Way or by going to [give.cornerstone.cc/thirdwaycommunity](http://give.cornerstone.cc/thirdwaycommunity)







**KEEP ON LOVING ONE ANOTHER AS BROTHERS  
AND SISTERS. DO NOT FORGET TO SHOW  
HOSPITALITY TO STRANGERS,**

**FOR BY SO DOING SOME PEOPLE HAVE SHOWN  
HOSPITALITY TO ANGELS WITHOUT KNOWING  
IT. HEBREWS 13:1-2**

To be called to this ministry is to be called to hospitality. Hospitality is to welcome people into your home and help them with their needs. It is hugely rewarding and quite costly at the same time. In the case of refugees, there are language barriers, dietary and living differences that can feel overwhelming at times. But with the guiding care and love of God we are invited into an amazing life altering experience and a rare opportunity to reach the world with the love of Jesus right in our own homes!

Pam has worked with a family from Afghanistan in transition, helping them find resources and adjust to life in the United States. Currently she is housing three Ukrainian women. Refugees struggle with so many issues, from language and cultural navigation to loneliness and missing their prior life and family. In each situation, they need to hear that they are safe and loved in their new country. Pam's stories are amazing, complex and heartwarming. She has invested her heart into these people and would tell you she has grown deeply in understanding the love our heavenly Father has for his children.

# REFUGEE ASSISTANCE



**PAM RICE**

## PRAY FOR

- Prayer is the primary need for those involved in this ministry. The Spirit must be at work translating the heart of love for and from Jesus into the hearts of others.

## VOLUNTEER

- The ongoing needs of this kind of ministry require a team of folks to help with a variety of issues like filling out forms, getting rides to places, finding jobs, helping with English, and answering a million questions. Their needs are vast and cannot be met by one person who has agreed to provide shelter.

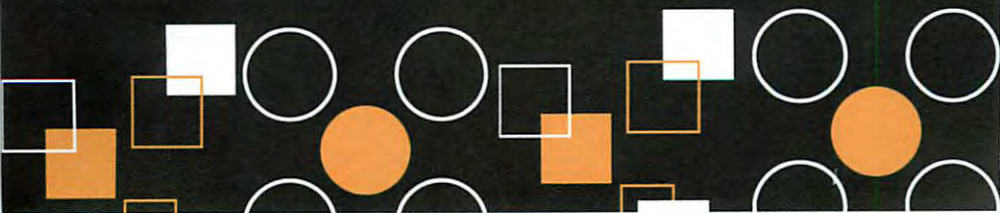


## CONTACT

pamierice@yahoo.com  
562-760-8372

## ONGOING NEEDS

- There are a variety of needs in this area all stemming from keeping the house operating smoothly. Normal wear on a house is advanced under the stress of many people living in the same space. Ongoing issues include plumbing repairs, appliance repairs and replacements, and fixing infrastructure that breaks.







LONG BEACH ALLIANCE

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**LET'S SERVE**  
**TOGETHER**