

# Body Building

A photograph of a group of people in a gym setting, performing a plank exercise. In the foreground, a woman with dark hair tied back, wearing a white tank top and a white wristband, is in a plank position with her hands on black dumbbells. She is looking down with a focused expression. Behind her, other individuals are also in plank positions, some using dumbbells. The background is slightly blurred, showing gym equipment and other people.

*Welcome to Long Beach Alliance Church*  
*| October 15, 2023*

## LIVING LIFE BACKWARDS

(How Ecclesiastes Teaches Us to Live in Light of the End)

10 week *conversation* using Ecclesiastes and the book  
"Living Life Backward" by David Gibson.

Target audience: Young People and Old People (16-64, 65-110)

Starts: Oct. 8 around 11:15 or so. **Location: Room 102**

Teacher: GOD

Tour Guide: Elder Scott Slade (call for questions 949.243.2379)

A festive red background with green pine branches, red and white ornaments, and a candy cane. The title "Children's Christmas Musical" is written in a large, white, stylized font with a black outline.

# Children's Christmas Musical

Children 5 years old thru 8th grade are welcome to participate

Practices: Sundays after church 11:15AM-12:15PM

October 29 thru December 10

Performance: Saturday, December 17 at 7PM

## Sign up in the courtyard today!

Questions??? Marikka Ostermann

562.972.8718 / marikkaostermann@gmail.com

## LBAC Year-to-Date Financial Report

	<u>Budget</u>	<u>Received</u>	<u>Budget %</u>
Weekly:	\$14,699.63	\$11,433.67	77.8%
Month-to-Date:	\$29,399.26	\$15,678.67	53.3%
Year-to-Date:	\$88,197.78	\$57,787.71	65.5%
Disbursed YTD:	\$62,889.00	GF Balance: \$25,893.36	

Financial Gifts can be placed in the locked box in the Sanctuary lobby or given to any Usher

# ADVANTAGEOUS-4-ALL

Long Beach Alliance Church • October 15, 2023 • Pastor Chris Lankford

**1 CORINTHIANS 12:1-11, 28, 29-30; 13:1-3, 8; 14:6, 26**

**1. Grace Gifts Authenticated By The Spirit of God**

**2. A Trinity of Diverse Gifts, Service, and Activities**

**3. For the Common Good of Everyone in the Church**

**4. Gifts Given & Empowered by the Holy Spirit's Will**



# LBAC's Family Calendar & Events

Weekly Schedule

Regular Ministry Schedule & Contacts

## Sunday, October 15

- 8:45AM Prayer Time
- 9:30AM Gospel Project: Children's Ministry
- 9:30AM Worship & Celebration Service
- 11:15AM Living Life Backwards Conversation

## Monday, October 16

- 7:00PM Pure Desire Ministry Meeting
- 7:00PM Survivors of Incest Anonymous Mtg

## Tuesday, October 17

- 10:00AM Staff Team Meeting
- 7:00PM Betrayal & Beyond Mtg @ Eberharts
- 7:00PM High School Youth Group
- 7:00PM Men's Bible Study @ the Millers

## Wednesday, October 18

- 6:30PM AWANA
- 6:30PM Betrayal & Beyond (Zoom/Eberharts)

## Thursday, October 19

- 9:30AM Women's Bible Study @ Millers
- 5:00PM Lydia House Women's Outreach
- 6:30PM Bible Study @ Holland/Carriveaus
- 7:00PM Betrayal & Beyond Mtg @ Eberharts
- 7:00PM Middle School Youth Group

## Friday, October 20

- 8:00AM Men's In-Person/Zoom Bible Study
- 8:00PM NA In-Person Meeting

## Saturday, October 21

- 10:00AM Crafty Women
- 5:00PM Up & Running Event

## Sunday, October 22

- 8:45AM Prayer Time
- 9:30AM Gospel Project: Children's Ministry
- 9:30AM Worship & Celebration Service
- 11:15AM Living Life Backwards Conversation

## MISSIONS

Information Coming Soon!

## LIFE GROUPS

Contact: [office@lbac.org](mailto:office@lbac.org)  
Mid-week Adult Bible Studies

## CHILDREN'S MINISTRIES

[Link to LBAC Children's Ministries!](#)

Sunday Mornings:

Gospel Project @ 9:30AM

## AWANA

[Link to LBAC AWANA](#)

Wednesday Nights September-May

## YOUTH MINISTRIES

[Link to LBAC Youth Ministries!](#)

[Link to LBAC Youth Instagram Page](#)

Every Tuesday & Thursday Night @ 7:00PM

## WOMEN'S MINISTRIES

[Link to LBAC Women's Ministry!](#)

Women's Ministry Event Information

Contact: [office@lbac.org](mailto:office@lbac.org)

Lydia House Meals Ministry

3<sup>rd</sup> Thursday each month

Women Connecting with Missions

Contact Kathie Metz: [kathiemetz@msn.com](mailto:kathiemetz@msn.com)

Crafty Women

3<sup>rd</sup> Saturday each month @ 10:00AM

## MEN'S MINISTRIES

[Link to LBAC Men's Ministry!](#)

Contact: [mensministry@lbac.org](mailto:mensministry@lbac.org)

## long beach alliance church offices

3331 palo verde avenue • long beach, ca • 90808-4113  
phone: 562.420.1478 email: [office@lbac.org](mailto:office@lbac.org) website: [www.lbac.org](http://www.lbac.org)  
church office hours: Tuesdays-Thursdays 10:00AM-5:00PM  
For prayer requests: [prayer@lbac.org](mailto:prayer@lbac.org)

## church staff team

meghan brearley, children's director  
562.708.9261 • [meghan@lbac.org](mailto:meghan@lbac.org)

justin enayat, worship producer  
562.754.7163 • [justin@lbac.org](mailto:justin@lbac.org)

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562.685.4152 • [chris@lbac.org](mailto:chris@lbac.org)

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917.288.3424 • [michelle@lbac.org](mailto:michelle@lbac.org)

jeremiah holden, worship tech intern  
760.224.4178 • [jeremiah@lbac.org](mailto:jeremiah@lbac.org)

dave manuel youth director  
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scott trickett, associate pastor  
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THE  
ALLIANCE



THE SALVATION ARMY  
LONG BEACH RED SHIELD

# TRUNK <sup>or</sup> TREAT

AND FAMILY RESOURCE FAIR

**SATURDAY, OCTOBER 28**

**FROM 4:30-6:30PM**

**AT 3000 LONG BEACH BLVD**

Candy-Games-Bounce House-Costume Contests



Do you want to decorate  
your car trunk and pass out candy to the community?  
The Salvation Army needs YOU!  
What a great outreach idea!

Contact Melinda Lankford (562.685.4131) for any questions