# **LBAC's Family Calendar & Events**

### Sunday, March 15

9:00AM Morning Coffee

Worship & Celebration

11:15AM Foundations Class: Session 4: Week 4

12:15PM Deacon Meeting

12:45PM Youth Leaders' Meeting

### Monday, March 16

6:00PM Compulsive Eaters Anonymous

7:00PM Pure Desire Ministry 7:00PM Survivors of Incest Anonymous

# Tuesday, March 17

6:00PM Student Leaders

7:00PM The Process - High School

7:00PM Women Connecting with Missions

# Wednesday, March 18

6:30PM AWANA

### Thursday, March 19

5:00PM Lydia House Women's Outreach

7:00PM Junior High Live

### Friday, March 20

7:30AM Men's Bible Study – Church Lobby

8:00PM Narcotics Anonymous

### Saturday, March 21

8:00AM Work Day

9:00AM Compulsive Eaters Anonymous 2:00PM Ted May's Celebration of Life

## Sunday, March 22

9:00AM Morning Coffee

9:30AM Worship & Celebration

11:15AM Foundations Class: Session 4: Week 5

### MISSIONS

http://www.lbac.org/missions

### **GROWTH GROUPS**

http://www.lbac.org/gg

Mid-week Adult Bible Studies

### **CHILDREN'S MINISTRIES**

http://www.lbac.org/children

Sunday Mornings: Gospel Project @ 9:30AM Fun N Funky @ 11:15AM

### **AWANA**

http://www.lbac.org/awana

Wednesday Nights September through May

### YOUTH MINISTRIES

http://www.lbac.org/youth

The Process High School~ Tuesdays @ 7:00PM Junior High Live ~ Thursdays @ 7:00PM

### WOMEN'S MINISTRIES

http://www.lbac.org/women

Women's Ministry Event Information Contact: deya@charter.net

> Lydia House Meals Ministry Contact: mcoliver789@msn.com

Women Connecting with Missions

3rd Tuesday of each month @ 7:00PM

### Crafty Women

2<sup>nd</sup> Saturday of each month @ 10:00AM

### MEN'S MINISTRIES

http://www.lbac.org/men

Contact: mensministry@lbac.org

# long beach alliance church offices

3331 palo verde avenue · long beach, ca · 90808-4113 phone: 562.420.1478 · office@lbac.org · www.lbac.org church office hours: tuesday-thursday, 10:00AM-5:00PM www.facebook.com/longbeachalliancechurch

# church staff team

meghan brearley, children's director 562.708.9261 • meghan@lbac.org

> jesse duckett, youth pastor 562.454.7122 • jesse@lbac.org

tina rand, receptionist & treasurer 562.420.1478 • tina@lbac.org

scott trickett, associate pastor 562.972.5306 • scott@lbac.org michelle crammer, office manager 917.288.3424 • michelle@lbac.org

chris lankford, lead pastor 562.685.4132 • chris@lbac.org

kyle rand, facility needs 562.900.0921 • kyle@lbac.org

ben shaw, worship & celebration intern 562.420.1478 • ben@lbac.org

WELCOME TO LONG BEACH ALLIANCE CHURCH MARKH XV, MMXX



We are pleased to welcome health advocate Maria Whalen for a workshop designed to unlock the healing potential of our bodies own systems. Join us for this step to fight for our personal health freedom, sustainability, and independence.

**To sign up:** Fill out a connect card with your name and address or contact the office, office@lbac.org

### Hurry! Space is limited to 50!

For questions please contact Dawn Trickett at dltrickett@icloud.com







# Sunday, June 7 in the GYM



Budget Received **Budget** % Weekly: \$6,901.88 \$12,715.40 54.3% Month-to-Date: \$25,430.80 \$20,071.88 78.9% Year-to-Date: \$356,031.20 \$348,738.75 98.0% Disbursed YTD: \$346,306.30 GF Balance: \$2,432.45



# **STOP THE SPREAD OF GERMS**

Help prevent the spread of respiratory diseases like COVID-19.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Clean and disinfect frequently touched objects and surfaces.



Wash your hands often with soap and water for at least 20 seconds.



For more information: www.cdc.gov/COVID19



# What you need to know about coronavirus disease 2019 (COVID-19)

# What is coronavirus disease 2019 (COVID-19)?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

# Can people in the U.S. get COVID-19?

Yes. COVID-19 is spreading from person to person in parts of the United States. Risk of infection with COVID-19 is higher for people who are close contacts of someone known to have COVID-19, for example healthcare workers, or household members. Other people at higher risk for infection are those who live in or have recently been in an area with ongoing spread of COVID-19. Learn more about places with ongoing spread at <a href="https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html#geographic">httml#geographic</a>.

## Have there been cases of COVID-19 in the U.S.?

Yes. The first case of COVID-19 in the United States was reported on January 21, 2020. The current count of cases of COVID-19 in the United States is available on CDC's webpage at <a href="https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html">https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html</a>.

# How does COVID-19 spread?

The virus that causes COVID-19 probably emerged from an animal source, but is now spreading from person to person. The virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads. Learn what is known about the spread of newly emerged coronaviruses at <a href="https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html">https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html</a>.

# What are the symptoms of COVID-19?

Patients with COVID-19 have had mild to severe respiratory illness with symptoms of

- fever
- cough
- · shortness of breath



## What are severe complications from this virus?

Some patients have pneumonia in both lungs, multi-organ failure and in some cases death.

# How can I help protect myself?

People can help protect themselves from respiratory illness with everyday preventive actions.

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

# If you are sick, to keep from spreading respiratory illness to others, you should

- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

# What should I do if I recently traveled from an area with ongoing spread of COVID-19?

If you have traveled from an affected area, there may be restrictions on your movements for up to 2 weeks. If you develop symptoms during that period (fever, cough, trouble breathing), seek medical advice. Call the office of your health care provider before you go, and tell them about your travel and your symptoms. They will give you instructions on how to get care without exposing other people to your illness. While sick, avoid contact with people, don't go out and delay any travel to reduce the possibility of spreading illness to others.

### Is there a vaccine?

There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to take everyday preventive actions, like avoiding close contact with people who are sick and washing your hands often.

### Is there a treatment?

There is no specific antiviral treatment for COVID-19. People with COVID-19 can seek medical care to help relieve symptoms.

For more information: www.cdc.gov/COVID19



LONG BEACH ALLIANCE CHURCH · MARCH XII, MMXX · ROMANS X:I-XIII · PASTOR CHRIS LANKFORD

# I) WHAT YOU BELIEVE IN MAKES A DIFFERENCE!

- A. Once again (repeating his passionate advocacy from Romans 9:1-5), the Apostle Paul expresses his most sincere desire for his Jewish "brothers" to be saved (Romans 10:1), complimenting their enthusiasm for God, while also criticizing their lack of understanding/knowledge of God.
- B. In other words, the sincerity of your belief in something or someone cannot overcome the more significant issue of the object of your faith. If the object of your faith cannot actually complete what you have trusted it to accomplish, Paul asserts, your faith is lacking knowledge (10:2).
- C. Specifically, Paul's beloved Jewish brothers were zealously believed they should **and could** achieve the 'righteousness of God' through their own sincere efforts (cf. Leviticus 18:4-5). It was this genuinely sincere zeal which actually produced an "ignorant" (Gk. 'agnostic') blindness and lack of submission to receiving Jesus Christ (Romans 10:3, 9:32-33).
- D. Faithful submission to Jesus Christ is the only means by which a person will ever achieve 'the righteousness of God,' because Christ 'ends' (i.e. completing a race, the 'goal' or 'culmination,' NIV) all the requirements of the Law (cf. Matthew 5:17-18; 2 Corinthians 1:20). For all who believe, God promises and provides "completed righteousness" (Romans 10:4).

# I) HOW DOES A PERSON RECEIVE THE GOOD NEWS OF JESUS?

- A. To press his point home and expand on Romans 10:4 for the reader, Paul reminds his 'dearest brothers' of what Moses said (10:5) about the Law (from Leviticus 18:4-5), that if you want to be right with God, it required more than sincerity, it required perfect obedience to the Law!
- B. How can a person live in perfect obedience to God's Law?! The obvious answer is that it is impossible. But for Paul (and us), the answer should NOT be that it is impossible. Why? Because we know that God provides righteousness on the basis of submission by believing in Jesus Christ.



- C. In order to illustrate that this isn't something new, and that God has been working according to faith even in the context of the Law, he reminds the reader that God's righteousness was not achieved through special efforts or quests (to heaven, to the abyss), but that God had already placed righteousness into the 'hearts and mouths' of people through 'the word that is near you (cf. Deuteronomy 30:11-14).
- D. Paul cleverly weaves the fulfillment in Jesus Christ into each phrase of these OT verses which demand faithful following of the Law, making the ultimate point that faith in Jesus Christ is the way God has always meant for people to fulfill the requirements of the Law, and to finally achieve the righteousness of God (Romans 10:5-8).
- E. Viewed from the "outside to the inside," Paul celebrates (10:9) Christ from your mouth (the confession of faith) and Christ in your heart (repent and believe in Christ's life/death/resurrection), as the 'achievement' of salvation (the righteousness of God by grace).
- F. With increasing clarity, Paul views salvation from the "inside to outside," Christ in your heart (justification by faith) and Christ from your mouth (confession) as the 'achievement' of salvation (10:10), removing the "stumbling stone" (note Romans 9:33; Isaiah 28:16) and confirming "the righteousness of God achieved by faith" (10:11).

## III) WHO CAN RECEIVE THIS GOOD NEWS OF MESSIAH JESUS?

- A. Echoing the epic theme which began this letter to church in Rome (Romans 1:16-17), Paul triumphantly returns to the message that the good news about Jesus Christ (the Gospel) is for everyone without prejudice over previous religious backgrounds or your ethnic heritage (Romans 10:12). "The Lord is Lord of all who call on him" (Romans 10:12).
- B. In another echo of the promised Messiah which God had made to all people (both Jew and Greek), but had been missed by the Jews (including Paul) because of blindness brought on by their sincerely misdirected zeal for God, Paul highlights words of hope from the Prophet Joel given about times of God's judgment, when he seems far away because of painful and difficult circumstances, "everyone who calls on the name of the Lord will be saved" (Joel 2:32). It's always been true, and we must confess it, from the beginning to the end of time, salvation is found for all people simply by faith in the Lord Jesus Christ!



# Ice Breaker

Do you consider the town/neighborhood you are from to have been a bad, okay, or great place to grow up? Why?

# In-Depth

- Read Romans 10:1-13
- Discuss what you learned from this week's sermon

# 1. Zeal Without Knowledge

- A. Read Romans 10:1-4; Isaiah 1:2-3; Matthew 22:29; John 8:19; 2 Timothy 3:5-7. What does it mean to "have a zeal for God, but not according to knowledge?
- B. What are examples today of those who have a zeal for God, but without knowledge? What do they all have in common (Romans 10:3)?
- C. What does Romans 10:4 mean?

# 2. Righteousness Speaks

A. Read Deuteronomy 30:10-14. What is the message of this passage?

В	Read Romans 10:5-10. Paul gives a voice to righteousness based on faith. What does he say? How does t relate to Deuteronomy 30?	hat
C	Read Romans 10:9-10; Luke 6:46; John 12:42; 1 Corinthians 8:6, 12:3. Why is confessing "Jesus is Lord" important?	
D	Read John 3:16, 20:31; James 2:19. What is the difference between the belief in James 2:19 and a belief in your heart?	1
3. C	ood News	
A	Romans 10:11-13. Also Galatians 3:28-29. Summarize the great news in each of the three sentences in the verses:  1.	ese
	2.	
	3.	
Me	king It Relevant	
1.	Read Jeremiah 9:23-24; Ephesians 1:17-19. What does God teach us about himself in these verses?	
2.	Confess and believe. What was the role of each of these in your salvation?	
3	Has it been easy or hard to make Jesus your Lord?	