

# LBAC's Family Calendar & Events

## Sunday, January 28

- 9:00AM Morning Coffee
- 9:30AM Worship & Celebration Service
- 11:15AM Foundations Hour Session #3
- 12:30PM AWANA Leader's Meeting

## Monday, January 29

- 6:00PM Compulsive Eaters Anonymous

## Tuesday, January 30

- 7:00PM Elder Board Meeting
- 7:00PM Youth Group-High School

## Wednesday, January 31

- 6:30PM AWANA

## Thursday, February 1

- 7:00PM Youth Group-Junior High

## Friday, February 2

- 6:30AM Men's Bible Study
- 8:00PM Narcotics Anonymous

## Saturday, February 3

- 9:00AM Compulsive Eaters Anonymous
- 9:00AM Women's Breakfast

## Sunday, February 4

- 9:00AM Morning Coffee
- 9:30AM Worship & Celebration Service
- 11:15AM Foundations Hour Session #3
- 12:30PM Super Bowl Party

### MISSIONS

<http://www.lbac.org/missions>

### GROWTH GROUPS

<http://www.lbac.org/gg>

Mid-week Bible Studies for all Adults

### CHILDREN'S MINISTRIES

<http://www.lbac.org/children>

### Sunday Mornings

Gospel Project @ 9:30AM  
Fun-N-Funky Hour @ 11:15AM (Resumes in Jan)

### AWANA

<http://www.lbac.org/awana>

Wednesdays through May 6:30PM-8:30PM

### YOUTH MINISTRIES

<http://www.lbac.org/youth>

JH & HS Foundations ~ Sundays @ 11:15AM

HS Core Groups ~ Tuesdays @ 7:00PM

JH Core Groups ~ Thursdays @ 7:00PM

### WOMEN'S MINISTRIES

<http://www.lbac.org/women>

### Woman To Woman Mentoring

Contact: sherylynnlbac@gmail.com

### Lydia House Meals Ministry

Contact: robbi@apabrandu.com

### Women Connecting with Missions

3<sup>rd</sup> Tuesday of each month @ 7:00PM

### Crafty Women

2<sup>nd</sup> Saturday of each month @ 10:00AM

### MEN'S MINISTRIES

<http://www.lbac.org/men>

Contact: mensministry@lbac.org

Regular Ministry Schedule & Contacts

Weekly Schedule



**THE  
ALLIANCE**

## long beach alliance church offices

3331 palo verde avenue · long beach, ca · 90808-4113  
phone: 562.420.1478 · [office@lbac.org](mailto:office@lbac.org) · [www.lbac.org](http://www.lbac.org)  
[www.facebook.com/longbeachalliancechurch](http://www.facebook.com/longbeachalliancechurch)  
church office hours: tuesday-thursday, 10:00AM-5:00PM

### church staff team

michelle crammer, office manager  
ext. 1004 · [michelle@lbac.org](mailto:michelle@lbac.org)

jesse duckett, youth pastor  
ext. 1005 · [jesse@lbac.org](mailto:jesse@lbac.org)

tina rand, receptionist & treasurer  
exts. 1000 & 1006 · [tina@lbac.org](mailto:tina@lbac.org)

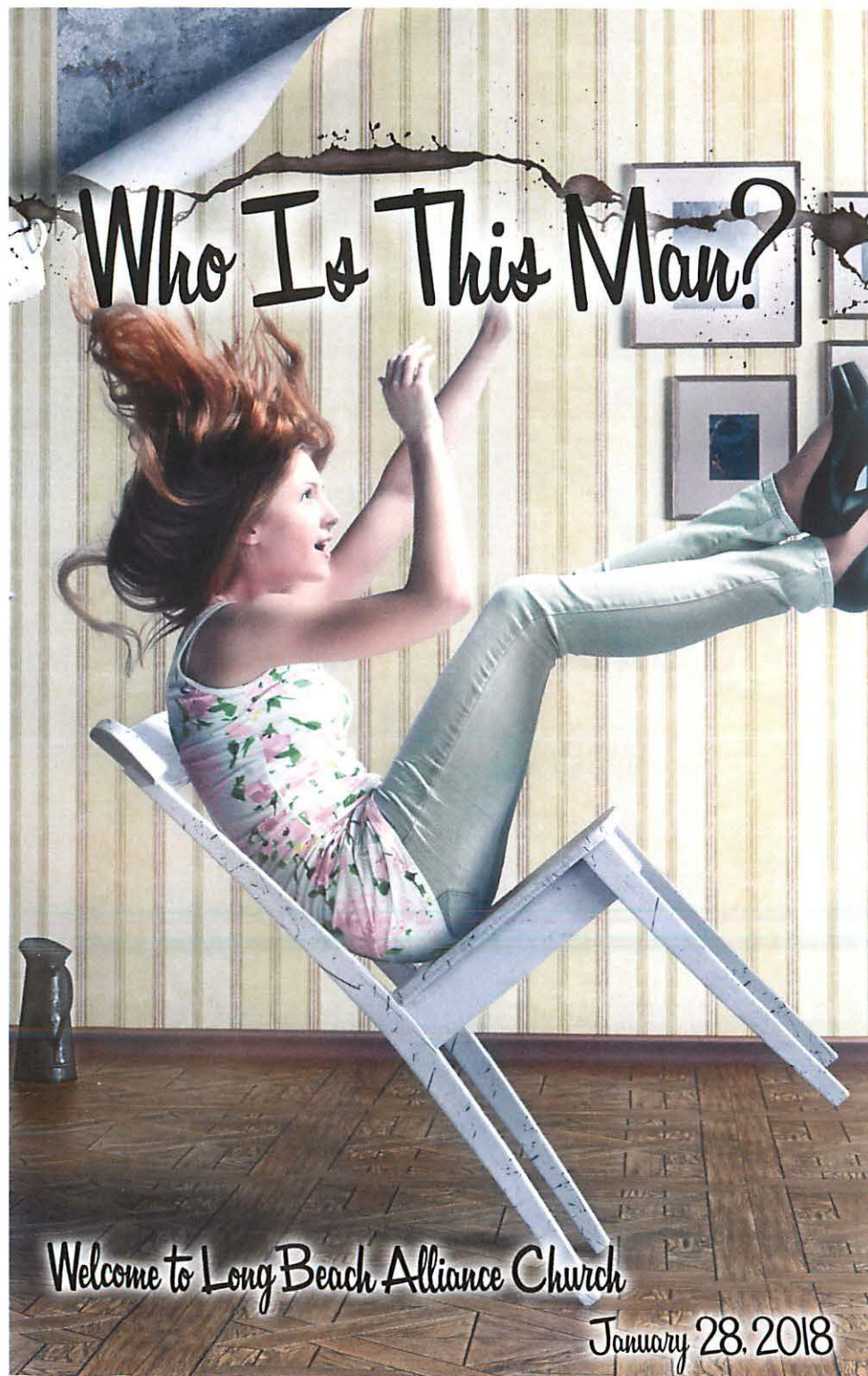
matt swaney, family ministry pastor  
ext. 1003 · [matt@lbac.org](mailto:matt@lbac.org)

kelly douglas, international worker  
[kelly@lbac.org](mailto:kelly@lbac.org)

chris lankford, lead pastor  
ext. 1001 · [chris@lbac.org](mailto:chris@lbac.org)

ben shaw, worship & celebration intern  
[ben@lbac.org](mailto:ben@lbac.org)

scott trickett, associate pastor  
ext. 1002 · [scott@lbac.org](mailto:scott@lbac.org)



Welcome to Long Beach Alliance Church

January 28, 2018



welcome to long beach alliance church  
 a community of Jesus followers who  
 love God, love others, & serve the world



3<sup>RD</sup> ANNUAL

**WOMEN'S BREAKFAST**

WITH GUEST SPEAKERS: JOEY  
 AND LAURA GIANNONE

SATURDAY, FEBRUARY 3, 2018 9:00AM

**MEN WANTED**

Volunteer your skills and help at the

**Women's Breakfast**



Are YOU ready for the BIG GAME?

**BIG GAME PARTY**

Sunday, February 4

Location: Hooper's Home 3142 Mainway Drive Rossmore, CA 90720

Come On Over 2:30PM

Pre-Kick Off 3:00PM

Kick-Off 3:30PM

Award Winning Competition Smoker Ted Rosenfeldt  
 Will be smoking up a WHOLE PIG and TRI-TIP

Please bring a Side and Appetizer or Dessert and Drinks of your choice.

RSVP so we can order the meat Katie Hooper 310.922.3352



New England Patriots

Philadelphia Eagles

**LBAC Year-to-Date Financial Report**

| Budget                      | Required     | Received                 | Budget % |
|-----------------------------|--------------|--------------------------|----------|
| Weekly:                     | \$12,041.97  | \$9,547.53               | 79.3%    |
| Month-to-Date:              | \$36,125.91  | \$27,156.66              | 75.2%    |
| Year-to-Date:               | \$252,881.37 | \$244,592.39             | 96.7%    |
| Disbursed YTD: \$232,694.00 |              | GOF Balance: \$11,898.39 |          |

# Provision

## 1) Rest & Retreat

- **Luke 9:10-11 (Complete Story ~ Luke 9:10-17; Matthew 14:13-21; Mark 6:32-44; John 6:1-15)**

**Jesus Taught His Disciples To Take Intentional & Rhythmic Time For Rest & Retreat**

**Having An Adequate Relationship With God Is Forged In Times Of Rest & Retreat**

## 2) Providing Mercy Is Seldom Convenient

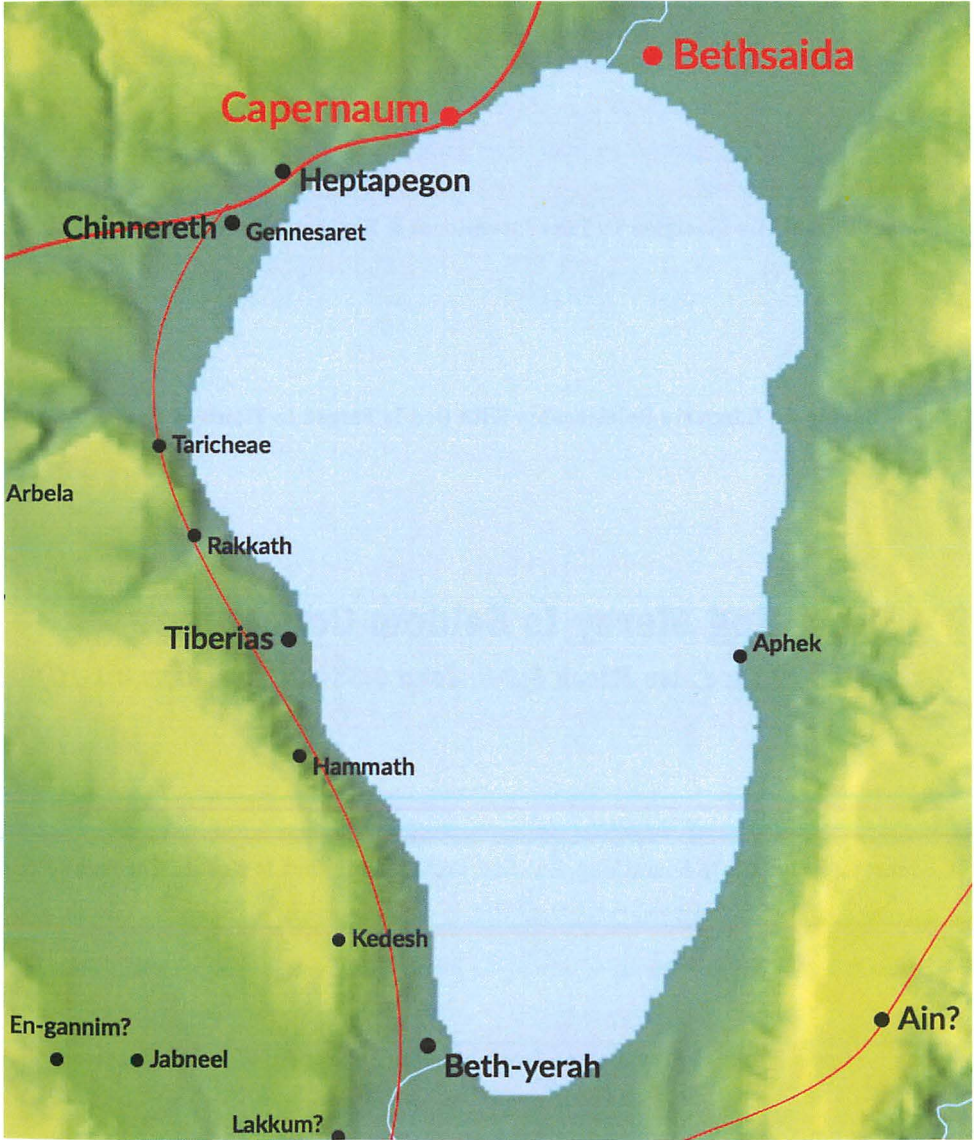
- **Luke 9:12-17 (see also Micah 6:6-8; John 6:35-40; Ephesians 2:1-10)**

**Mercy Always Costs Something, But God Provides All That Is Needed Through Christ**

**God's Merciful Provision of Jesus Is Abundant For All Who Will Receive Christ**

**God's Mercy Is Provided By Christ Through Faithfully Dependent Disciples**

# Galilee w/ Capernaum & Bethsaida Regions In Red



# Growth Group Guide

## Who Is This Man?

Week #4

Provision

Luke 9:10-17

### Ice Breaker

- What is your all-time favorite movie? TV series? Why?

### In-Depth

- Read Luke 9:10-17
  - Discuss what you learned from this week's sermon
1. Read Luke 9:10. Also read Mark 6:30-31. Jesus recognized the need in the disciples for rest. God, in Exodus 23:12, recognized the need for all of us to rest. Why is rest important?
    - 1A. Read Isaiah 40:28-31, Matthew 11:28-30. What does God promise us about rest?
    - 1B. Read Luke 9:11. Also read Mark 6:32-34. Did the disciples get their well-deserved break? We don't have insight into their reaction to this, but how do you think you would have reacted had you been among the disciples?

1C. In Mark 6:34, why did Jesus have compassion on the crowd? What did he see as their greatest need?

2. Luke 9:13-17. This miracle is the only one listed in all four gospels. Why do you think this one was so significant to all of the gospel writers?

2A. Discuss God's provision in the context of Philippians 4:19, Matthew 6:25-27, John 15:7, and Hebrews 13:5.

3. Read John 6:14-15, 22-27, 60-69. What happened the morning after Jesus fed the 5000? How could this happen right after what they had just witnessed?

## Making It Relevant

1. What does resting in the Lord look like in your life?

2. Think of several times God has provided for you when in need. Share with your group and then share in a time of prayers of thanksgiving.