

LBAC's Family Calendar & Events

Sunday, April 23

9:00AM Morning Coffee
9:30AM Worship & Celebration
11:00AM Foundations Classes

MISSIONS

<http://www.lbac.org/missions>

GROWTH GROUPS

<http://www.lbac.org/gg>

Mid-week Bible Studies for all Adults

CHILDREN'S MINISTRIES

<http://www.lbac.org/children>

Sunday Mornings

Gospel Project @ 9:30AM
Fun-N-Funky Hour @ 11:00AM

AWANA

<http://www.lbac.org/awana>

Wednesdays through May 6:30PM-8:30PM

YOUTH MINISTRIES

<http://www.lbac.org/youth>

JH & HS Foundations ~ Sundays @ 11:00AM

HS Core Groups ~ Tuesdays @ 7:00PM

JH Core Groups ~ Thursdays @ 7:00PM

WOMEN'S MINISTRIES

<http://www.lbac.org/women>

Woman To Woman Mentoring

Contact: sherylnnelbac@gmail.com

Lydia House Meals Ministry

Contact: robbi@apabrandu.com

Women Connecting with Missions

3rd Tuesday of each month @ 7:00PM

Crafty Women

2nd Saturday of each month @ 10:00AM

MEN'S MINISTRIES

<http://www.lbac.org/men>

Contact: mensministry@lbac.org

Thursday, April 27

7:00PM Junior Hugh Youth Group

Friday, April 28

6:30AM Men's Bible Study
8:00PM Narcotics Anonymous

Saturday, April 29

9:00AM Compulsive Eaters Anonymous
6:00PM Fundraising Dessert Theatre

Sunday, April 30

8:30AM Nursery Meeting
9:00AM Morning Coffee
9:30AM Worship & Celebration
11:00AM Foundations Classes
12:15PM Gospel Project Meeting

Regular Ministry Schedule & Contacts



THE
ALLIANCE

long beach alliance church offices

3331 palo verde avenue · long beach, ca · 90808-4113
phone: 562.420.1478 · office@lbac.org · www.lbac.org
www.facebook.com/longbeachalliancechurch
church office hours: tuesday-friday, 12NOON-5:00PM

church staff team

michelle crammer, office manager
ext. 1004 • michelle@lbac.org

kelly douglas, france missionary
kelly@lbac.org

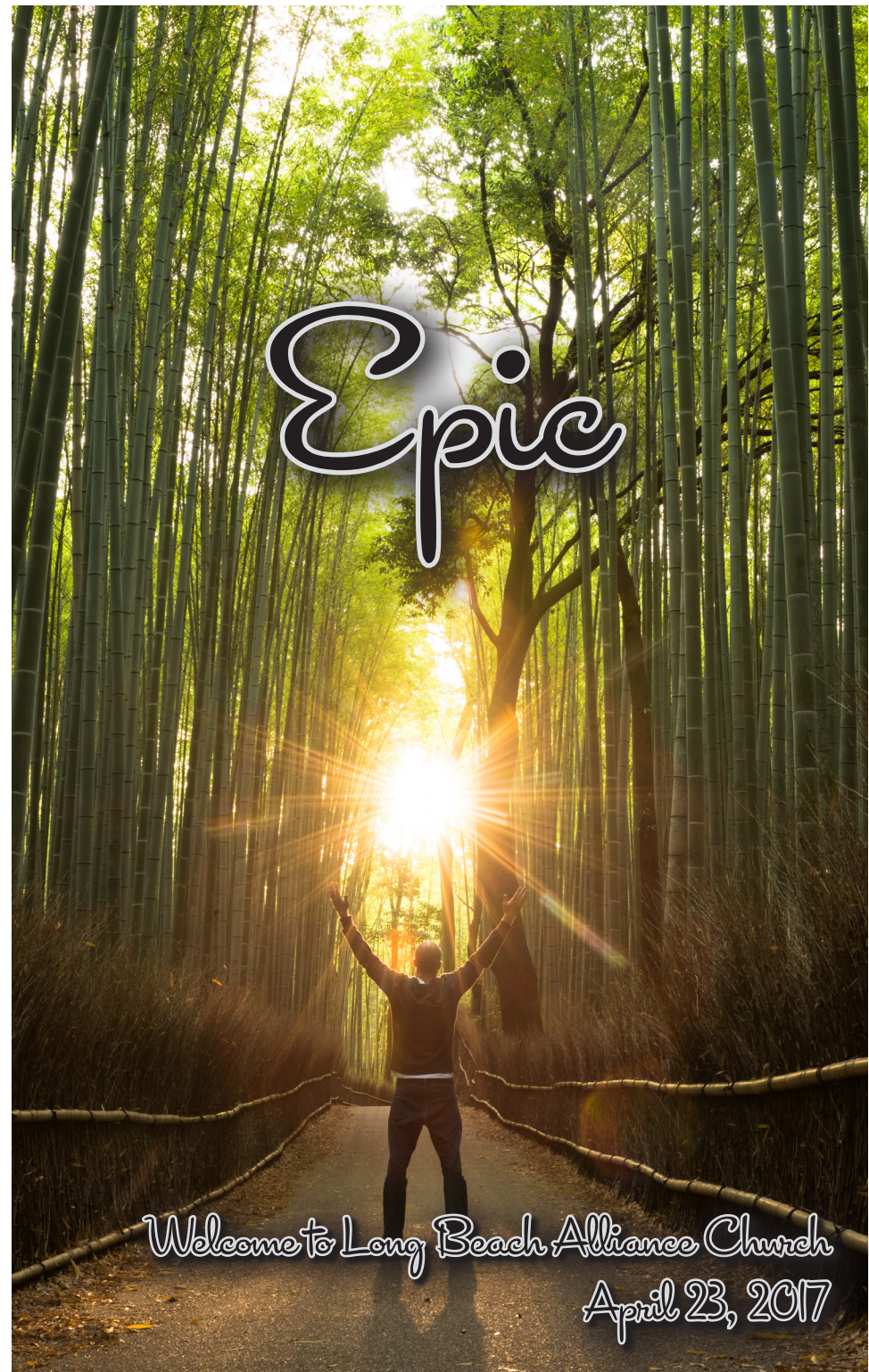
jesse duckett, youth pastor
ext. 1005 • jesse@lbac.org

chris lankford, lead pastor
ext. 1001 • chris@lbac.org

tina rand, receptionist & treasurer
ext. 1006 • tina@lbac.org

matt swaney, family ministry pastor
ext. 1003 • matt@lbac.org

scott trickett, associate pastor
ext. 1002 • scott@lbac.org



Welcome to Long Beach Alliance Church
April 23, 2017

welcome to
**long beach
alliance church**

**New Foundations Classes
Start Today!**

Join us at 11:00AM for the
next 6 weeks as we dive in...

How We Love

Facilitator: Matt Swaney
Located: Room 203

This class is for those who would like to use the tools from the book "How We Love" to become a secure connector. There will be a review for those who are being introduced to the topic.

Daily Christian Living

Facilitator: John Carriveau
Located: Room 102

Discovering the foundational aspects of Christianity and incorporating these central Gospel aspects of Christian Living into practice in our lives!

**Womens Class:
The Power of Prayer**
Conversations with the Almighty God

Facilitators: Bobbi Guzman,
Missy McDougall, & Deya Slade
Located: Front of Sanctuary

This study is a culmination of the of prayers found in the Bible, the prayers Jesus gave as examples of how to pray in different circumstances, and how we as children of the Almighty God need to pray.

Childcare & Kids Fun-n-Funky Hour!

Nursery thru Pre-K Sign-Up: matt@lbac.org

Kids Hour Led By: Chris Lankford

11:00AM-12:00PM (Fun, Snacks, Fun, Crafts, and More Funner!)



a community of Jesus followers who
love God, love others, & serve the world

Growth Groups

Take Your Next Step @ LBAC! Groups Begin
Meeting This Week! April 23-June 17!

Sign-Up online today!!
Visit the Courtyard Table for
more information!



I am Batman!
Get Signed Up!
Do It Today!!

**Dessert and
a Show**

a youth fundraiser

ONLY \$10

SATURDAY, APRIL 29 :: 7-9PM

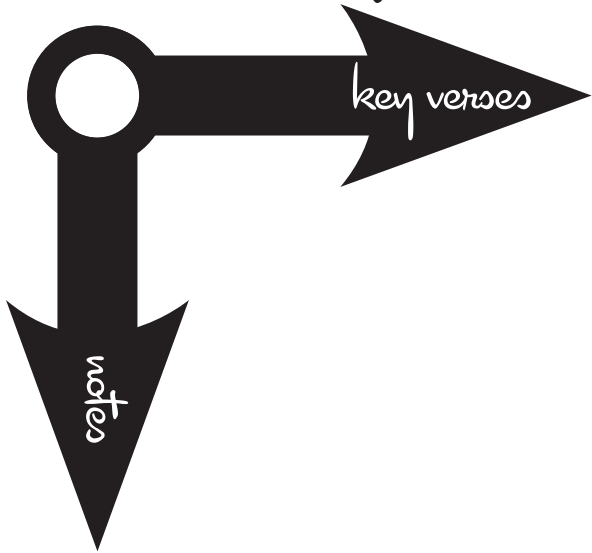
****Tickets sold at the door****

LBAC Year-to-Date Financial Report

Budget	Required	Received	Budget %
Weekly:	\$12,236.37	\$ 9,793.53	80.0%
Month-to-Date:	\$36,709.11	\$28,519.24	77.7%
Year-to-Date:	\$416,036.58	\$373,720.98	89.8%
Disbursed YTD: \$375,700.88		GOF Balance: -\$1,359.06	

Epic: Provision

Long Beach Alliance Church • April 23, 2017 • Pastor Chris Lankford



*Shall I give my firstborn for my transgression,
the fruit of my body for the sin of my soul?
He has told you, O man, what is good;
and what does the Lord require of you,
but to do justice, and to love kindness,
and to walk humbly with your God?*

◆ Micah 6:7-8 ◆

1) Soldiers of Sabbath Protection

- Luke 6:1-5

Why Do The Pharisees Question Jesus & His Disciples?

- Exodus 20:8-11

1. It is not permitted to _____ on the Sabbath.
2. It is not permitted to _____ on the Sabbath.
3. It is not permitted to _____ on the Sabbath.
4. It is not permitted to _____ on the Sabbath.

What Are The Four Things Not Permitted (By The Pharisees) On The Sabbath?

- 1 Samuel 21:1-6

Why Does Jesus Tell A Story About King David?

2) *I Spy With My Little Eye...*

- Luke 6:6-7

Why Were The Pharisees Spying On Jesus?

3) *Sabbath Rest Is God's Heart In Action*

- Luke 6:8-11

Why Wouldn't Jesus Wait Until After Sabbath To Heal?

- Micah 6:6-8; Hosea 6:6

What Is The True Purpose Of The Sabbath?



Ice Breaker

- Share with your group something fun or interesting you did during the 5-week Growth Group Spring Break.

In-Depth

- *Read Luke 6:1-11*
 - *Discuss what you learned from this week's sermon.*
1. The Sabbath, originally meant as a time of rest, had been turned into a burden on the people (see Matthew 23:4).
 - A. List examples of Sabbath burdens you can think of.
 - B. Verses 3-5: Read Matthew 12:7-8 and Mark 2:27-28. What does Jesus say, instead?
 - C. Verses 6-10: How is Jesus' message from verses 3-5 demonstrated in these verses?
 - D. Verse 11: Why were the Pharisees filled with fury toward Jesus?

2. Does the Sabbath apply to the Christian Church today? Read each of the following verses with your group and discuss how/whether it helps to answer this question.

- Exodus 20:8-11
- Galatians 3:24-25
- Romans 14:4-6
- Colossians 2:16-17
- Acts 20:7
- Hebrews 4:9-11

Making It Relevant

1. “I desire mercy and not sacrifice” (Matthew 12:7) reveals God’s heart. Does your heart conform with God’s? Does it show in your actions to others?
2. We have entered God’s Sabbath rest (Hebrews 4). What does this look like in your life?
3. Part of observing Sabbath is resting from work. But, the other part of Sabbath is mercy, love, and justice. How can your Growth Group Sabbath together to show justice, love, and mercy to our community?