

Walk This Way!

Long Beach Alliance Church • October 26, 2014
Ephesians 4:1-3 • Kerry Kaufman



1) ***We have been made new in Christ!***

- A) Paul explains our new identity in Christ by referring to the theological foundation he developed throughout the first half of the book of Ephesians. He points back to these three chapters with the word “therefore” (4:1).
- B) God called Ephesian believers to Him. He saved them (1:13-18)!
- C) Paul readers’ had a new calling that would change how they would “walk” (2:1-2, 10).
- D) Paul described how the Ephesians were called into a new, unified group (2:15,18).

2) ***We should live in a way that flows out of our identity as people made new in Christ.***

- A) Paul continues the metaphor of walking, this time encouraging his readers to “walk in a manner worthy of the calling” they have received (4:1).

- B) As a “prisoner for the Lord,” Paul proved he had “walked worthily” (3:1,13, 4:1). This gave him credibility to invite his readers to join him in living out their identity in Christ.
- C) Paul explains how we live out our identity in Christ through many different examples in Ephesians 4-6.

3) *One of the ways we live out our new identity in Christ is by maintaining unity with each other.*

- A) Paul highlights different characteristics that will help believers to stay unified with each other (4:2-3). Christians should walk...
 - 1. Humbly
 - 2. Gently
 - 3. Patiently
 - 4. In love, bearing with one another
- B) Each of these characteristics contribute to maintaining unity with each other (Ephesians 4:3). Christians have already been unified (2:13-18), but still need to work at staying unified with one another (John 13:34-35). Living in peace makes this possible (Ephesians 4:3).
- C) In Christ, we’ve been made new, so live that out with those around you! Remember who you are and live that way!



Growth Group Guide

“walk this way” (ephesians 4:1-3) october 26-31, 2014

Take Off!



What was the most useless or useful class you took in High School or college?



What does the “therefore” in 4:1 signify? Why is this important?



What does Paul mean by the word “calling?”



How do we “walk worthily” of our “calling?”



Take It Home!

How can we live out these ideas from the Bible?



Which of the four attitudes for keeping unity (4:2) are easier for you? Which one is most difficult?



Who is difficult for you to unite in Christ with? How can living out these attitudes (4:2) maintain unity with that person?

Take It Further!

Want to study more? Read here outside group time



How is John 17:20-23 related to Ephesians 4:3? How can a community like this be evangelistic? How have you seen this work (or not work) in your church/group/community?